

Having Heart Disease Doesn't Mean the End of Your Independence

*Home health care can help you manage your heart disease
AND maintain your quality of life*



What can home health care do for you?

- Keep you in the comfort of home and out of the emergency room
- Help you understand all of your medications
- Manage your symptoms to help prevent disease from worsening
- Teach you to recognize the early symptoms of decline
- Prevent falls
- Educate on understanding role of diet and exercise in maintaining independence

Ask your doctor how home health care can help you manage your heart disease in the comfort of your home.

Compliments of:



Compassion. Excellence. Reliability.